

Field Hockey

Modified Information Sheet



Monday: Aug 31: 3:00-5:00 pm

Tuesday: Sept 1: 3:00-5:00 pm

Wednesday: Sept 2: 3:00-5:00 pm

Thursday: Sept 3: 3:00-5:00 pm

Friday: Sept 4: 10 am - 12 pm

MONDAY - THURSDAY

We will start promptly at 3 pm at Genet Elementary School by the playground! Tuesday, Wednesday and Thursday are Professional Development Days for teachers, so the students will NOT have school this day. Please have students dropped off to Genet Elementary prior to 3 pm. WE WILL START ON TIME!

FRIDAY

I know many of you are trying to get away for the last long weekend before school starts on Tuesday! We will be practicing again on Friday from 10 am - 12 pm. Please plan rides accordingly. I know it is inconvenient for those who work, but student athletes are required a minimum amount of practices to be able to participate in our first game on September 10th.

PRACTICES

Once school starts on September 8th, we will practice Monday-Friday from 3 pm - 5 pm at Genet Elementary School. This is not optional!

WHAT TO BRING (DAILY!)

- All essential gear:
 - ◆ Field Hockey Stick
 - ◆ Shin Guards
 - ◆ Mouth Guard (**MUST BE MOLDED TO THE MOUTH!**)
 - ◆ Cleats (Optional, but we play on grass!)
 - ◆ Sneakers
 - YOUR OWN WATER (NO sharing drinks!)
 - Indoor & Outdoor clothes (prepare for all kinds of weather, ALL SEASON!)
 - Good Attitude & Best Effort!
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IMPORTANT REMINDERS

1. We do not have official tryouts like other sports. All athletes are welcome to come play. BUT attendance is required at all games and practices.
 2. Coaching staff will provide information to students and parents regarding changes. Please, READ YOUR EMAILS!
 3. Cleats are NOT allowed in ANY building!
 4. Failure to show up or to come prepared may affect your ability to play for that day. Practices are vital to play time!
 5. We are excited to see you and get this season underway!
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Modified: Coach Nora Walkley

JV: Coach Nicole Conte

Varsity: Coach Bonnie Kenna

GO BLUE DEVILS!